

MAY 2007 Summer Baseball Workouts

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28 No Workouts	29	30	31 Baseball 8:00am 10:00am			

JUNE 2007 Summer Baseball Workouts

MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY			
																1				2				3			
4				5				6				7				8				9				10			
Baseball 1:00-3:00												Baseball 1:00-3:00															
11				12				13				14				15				16				17			
Baseball 1:00-3:00												Baseball 1:00-3:00															
18				19				20				21				22				23				24			
Baseball 8:00-10:00												Baseball 8:00-10:00															
25				26				27				28				29				30							
Baseball 8:00-10:00												Baseball 8:00-10:00															

JULY 2007 Summer Baseball Workout

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
2 Baseball 8:00-10:00	3	4	5 Baseball 8:00-10:00	6	7	8
9 Baseball 8:00-10:00	10	11	12 Baseball 8:00-10:00	13	14	15
16 Baseball 8:00-10:00	17	18	19 Baseball 8:00-10:00	20	21	22
23	24	25	26	27	28	29
30	31					