

MAY 2007 Summer Baseball Workouts

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28 Baseball 8:00 am 10:00am	29	30	31 Baseball 8:00am 10:00am			

JUNE 2007 Summer Baseball Workouts

MONDAY							TUESDAY							WEDNESDAY							THURSDAY							FRIDAY							SATURDAY							SUNDAY						
																												1							2							3						
4							5							6							7							8							9							10						
Baseball 1:00-3:00																					Baseball 1:00-3:00																											
11							12							13							14							15							16							17						
Baseball 1:00-3:00																					Baseball 1:00-3:00																											
18							19							20							21							22							23							24						
Baseball 8:00-10:00																					Baseball 8:00-10:00																											
25							26							27							28							29							30													
Baseball 8:00-10:00																					Baseball 8:00-10:00																											

JULY 2007 Summer Baseball Workout

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
2 Baseball 8:00-10:00	3	4	5 Baseball 8:00-10:00	6	7	8
9 Baseball 8:00-10:00	10	11	12 Baseball 8:00-10:00	13	14	15
16 Baseball 8:00-10:00	17	18	19 Baseball 8:00-10:00	20	21	22
23	24	25	26	27	28	29
30	31					